## Hastings, Sandra

From: Purcell, Caitlin

**Sent:** Thursday, March 15, 2018 8:16 AM

**To:** Hastings, Sandra **Subject:** Tiramisu Recipe!

Hi Sandra!

I'm so sorry I'm late in getting this to you! Here is that lovely recipe for Tiramisu that my Italian grandma "nonna", Matilde

Items Need:

Pan

Mixer

2 bowls

Sifter

Food Needed:

2 eggs

Lady Fingers

Mascarpone (250 grams)

Cocoa Powder

Sugar

Coffee

Rum

## Instructions:

- 1. Separate egg whites and yellows into two separate bowls
- 2. Mix the egg whites with mixer until they are fluffy, like snow
- 3. Mix 5 tablespoons of sugar in with egg yellows
- 4. Soak lady fingers in cold coffee (quickly, not for long at all! Just a second or two on each side of the lady finger)
- 5. Put mascarpone cheese in the egg yellow and sugar bowl. Mix
- 6. Add a little bit of rum with mascarpone/egg yellow/sugar (optional)
- 7. Add egg whites (like snow) a little at a time to the egg yellow bowl, but keep mixing.
- 8. Coat the bottom of the pan with this mixture
- 9. Lay lady fingers in the middle of the pan
- 10. Pour mixture over the lady fingers.
- 11. Add another layer of lady fingers and mixture
- 12. Sift cocoa powder to cover the entire tiramisu
- 13. Wrap in plastic wrap and put in the fridge to set for one full day before eating.
- 14. Eat the next day!

## Caitlin D. Purcell

## **Training Coordinator**